

Session Report Form

Name	_____	Date	_____
Session Guide	_____	Duration of session	_____
CE Route / Section	_____	TA Motion	_____
		TA Range	_____
		Total Hours on Route/Pgm	_____

Process-Commands	Time	TA	Sens	How Process Ran, Important Occurrences & EP

TA Motion: The total of downward TA motion for the listed session

TA Range: The lowest and the highest TA position in this session e.g. 1.9 - 4.7

C(onsciousness) E(xploration) Route / Section: ExSR/TrSR/InSR/ReSR followed by the section number

